SilverSneakers MEMBER of the Year 2026

# Frequently Asked Questions

## What are the SilverSneakers® Member of the Year awards?

This national recognition celebrates members who inspire those around them with their resilience, connection and unstoppable drive to improve their lives. There are two award categories.

### Activity Award

These members are the gym warriors - in class every day, setting goals and crushing them. They consistently set the bar and continue to raise it. Fitness is their passion, inside and outside the gym.

### Inspiration Award

These members have a spirit that cannot be stopped. They continue to rise above above life's challenges. They turn obstacles into opportunity and keep showing up. Their stories are a beacon of hope and perseverance.

## Who is eligible to receive the award?

Any current SilverSneakers members are eligible. Past Member of the Year winners are not eligible to win again.

## How are members nominated?

Family members, friends and SilverSneakers instructors may submit nominations for a deserving member for either award, by going to SilverSneakers.com/MOYAwards.

## How are winners selected?

Three finalists for each award will be selected by a SilverSneakers review committee. The finalists' stories will be shared on the SilverSneakers Member of the Year website where a public online vote will determine the national award recipients.

## What is the award timeline?

**July 1-10:** Nominations accepted

**July 13:** Top nominees selected for each award

**July 22-31:** Online voting

**August 12:** Winners announced on SilverSneakers.com/MOYAwards and SilverSneakers Facebook page




2025 Member of the Year
INSPIRATION AWARD WINNER
Cecilia G.

**Nominations will be accepted July 1-10. Learn more and nominate at SilverSneakers.com/MOYAwards**

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